



REMOTE GROWTH EXPERIENCE

INCREASE YOUR PERSONAL EFFECTIVENESS AND HIGHER YOUR IMPACT AS AN ENTREPRENEUR OR FREELANCER DURING A UNIQUE EXPERIENCE WORKING AND LEARNING REMOTELY IN CAPE TOWN.

WORK REMOTELY

This journey offers you a unique and enriching experience abroad.

Work remotely for two weeks from a luxury Cape Town villa with fellow entrepreneurs.

Enjoy activities, culinary discoveries, and the beauty of the Western Cape.



WALK THE MOON

WORKSHOPS & COACHING

Unleash your potential through a personalized journey that combines individual coaching with collaborative workshops.

Elevate your personal growth and entrepreneurial skills in these key areas:

- Self Leadership & Personal Impact
- Problem Solving & Concept Development
- Strategic Sales & Client Management



SELF-LEADERSHIP EXPEDITION

Embark on an extraordinary leadership hike deep into nature to escape the busyness of life and discover new heights of self-discovery in this remarkable journey.

Explore the stunning natural beauty during a 2-day hike, and camp under the bright stars at the iconic 'Wolfberg Arch' in the majestic Cederberg Mountains.

YOUR GROWTH AREAS TO INCREASE YOUR IMPACT



Ekipa Lisa Rodger

Your personal impact

SELF LEADERSHIP & PERSONAL IMPACT

Develop your talents, understand your behavioural preferences, and enhance your ability to deal with challenges to increase your personal impact.

Your entrepreneurial business impact

PROBLEM SOLVING & CONCEPT DEVELOPMENT

Master the analytical and practical process of idea development and problem-solving by accurately aligning problem and solution space.

SALES STRATEGY & CLIENT MANAGEMENT

Achieve your revenue ambitions by becoming a trusted advisor who builds sustainable client relationships through value propositions.

\1 INTAKE

Share your learning objectives and personal needs.

\2 PERSONALITY TEST

Gain the insight of you unique profile to increase your self awareness.

\3 WORKSHOPS

Learn alongside fellow entrepreneurs in tailored workshops featuring practical, in-context business cases.

\4 COACHING SESSION

Explore your personality profile and tackle personal challenges or growth aspirations in a 1 hour one-on-one coaching.

\5 LEADERSHIP EXPEDITION

This hiking expedition is meant to transform yourself from within. It will be introspective and highly connective, with an intimate group of fellow entrepreneurs.

WALK THE MOON

MEET YOUR FACILITATOR



My name is Ekipa Lisa Rodger, and I am the founder of Walk the Moon Consultancy. I am a Learning & Development expert, accompanied by extensive experience in commercial business and management, as well as consultancy in digital transformation.

Over the last three years, I've been living in various countries while working remotely. I decided to create a home in Cape Town, as I partly grew up in Africa.

I am privileged to work with notable corporations like KPMG, Achmea, L'Oreal, DELL, as well as scale-ups such as Sungevity, PicNic, and Lepaya, building and facilitating impactful learning programs.

My greatest driver is personal growth, and I love stepping out of my comfort zone. Now, I'm eager to enable personal growth and remote experiences for other entrepreneurs!



I'm Emmelie Steentjes, a 31-year-old creative entrepreneur, and Cape Town enthusiast!

My strengths lie in creating, organizing, and planning concepts and projects. Over the years, I've successfully managed projects for brands such as Rituals, Under Armour, and MTV. In addition, I've founded multiple small businesses, including my festival glitter business Nomadic Sparkle.

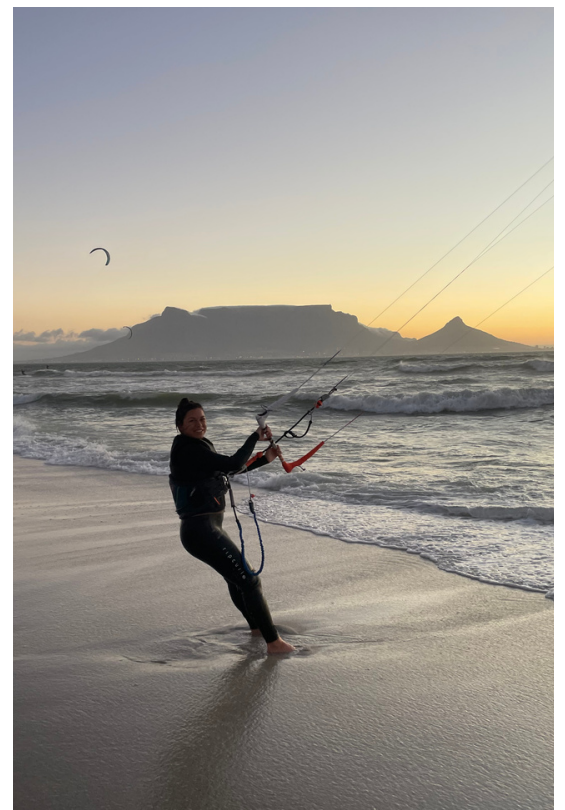
Having worked remotely from Cape Town for 6 years, I've decided to call this vibrant city my home base. I love exploring all the captivating highlights and hidden gems that Cape Town has to offer.

During the remote growth experience, I will take great care in organizing every detail, guaranteeing you an unforgettable time, which - of course - will include discovering all the captivating highlights of Cape Town.



WALK THE MOON

MEET YOUR HOST



ITINERARY ENTREPRENEURIAL GROWTH EXPERIENCE

Day 1 Saturday 11 november	
10:10	Amsterdam - Cape Town
23:20	Arrival Cape Town. Pick up by driver.
01:00	Arrival at the villa

Day 2 Sunday 12 november	
10:00	Welcome brekkie in the villa
10:30	TBA - planning on request
19:00	Sundowners
19:30	Dinner at a Restaurant in Cape Town

Day 3 Monday 13 november	
08:30 - 09:00	Breakfast
09:00	Kick-off & Workshop Personal Impact
13:00	Lunch
14:00	Coaching sessions 1-1

Day 4 Tuesday 14 november	
All day	Free time to work or explore
18:00	Lions head hike at sunset

Day 5 Wednesday 15 november	
All day	Free time to work or explore
13:00 - 17:00	Workshop Sales and Client Management

Day 6 Thursday 16 november	
08:00 - 11:00	Yoga & Dip in the tidal pool in Camps Bay
11:00	Free time to work or explore

Day 7 Friday 17 november	
09:00	Coaching sessions 1-1
13:00	Lunch
14:00	Free time to work or explore
20:00	Dinner at a restaurant in Cape Town

Day 8 Saturday 18 november	
All day	Free day to explore the beauty of Cape Town

Day 9 Sunday 19 november	
11:00 - 17:00	Day trip to the Stellenbosch Winelands

Day 10 Monday 20 november	
07:15 - 08:15	Yoga & meditation
09:00 - 13:00	Workshop Problem Solving
13:00 - 14:00	Lunch
14:00 - 17:00	Workshop Problem Solving

Day 11 Tuesday 21 november	
All day	Free time to work or explore

Day 12 Wednesday 22 november	
07:30 - 08:15	Kickboxing class
08:15 - 09:00	Breakfast
09:00	Free time to work or explore
20:00	Dinner in Cape Town

WHATS INCLUDED IN THESE 15-DAYS?

Learning experience

- Personality test Lumina
- Personal intake (30 min)
- 4 half-day workshops
- 1-1 coaching session
- Personal Leadership hike in Cederberg (incl. transport, guides food and gear)

Remote Experience

- Pick-up from the airport
- 12 nights in a private room at the villa in Lluddando
- Breakfast
- Lunch on workshop days
- 4 sport classes
- 2 dinners at the villa
- Day trip to Stellenbosch incl. lunch and one wine tasting
- 1 night camping at Wolfberg Arch incl. dinner and breakfast
- 1 night at Citrusdal incl. braai and drinks

Excluding

- *Flight ticket*
- *Food & beverage, aside from the planned activities.*
- *All other costs, aside from the planned activities.*

PRICE PER PERSON*

€5500 - €6250 EXCL. TAXES

* The price is contingent upon the room category



Day 13 | Thursday 23 november

08:00	Drive to Cederberg
12:00	Arrive at Cederberg for lunch and briefing.
13:30	Start hike to Wolfberg Arch
19:00	Arrival with sundowners *The tent is already set up by your guide & dinner is ready!
20:00 - 21:30	Evening program led by Ekipa Rodger

Day 14 | Friday 24 november

07:00	Breakfast and morning program
08:00	Hike back. Lunch break on the way.
12:00	Arrival at the car and drive to Citrusdal
13:00 - 19:00	Time to relax
19:00	Braai

Day 15 | Saturday 25 november


10:00	Drive back to Cape Town
13:00	Back in Cape Town - Hugs & goodbye

INCREASE YOUR ENTREPRENEURIAL IMPACT. JOIN THIS ADVENTURE.



Emmelie Steentjes

For bookings and more info please contact us. We are also happy to jump on a call.

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WALK THE MOON